



NATIONAL SERVICE SCHEME

ACTIVITY REPORT 2020 - 2021

UNIT 17TH & 18TH

S.E.S COLLEGE SREEKANDAPURAM

Certificate

We, the NSS UNITS of 17th and 18th units of S.E.S College Sreekandapuram submit the NSS activity report 2020-21. Certify that the described activities are genuine and true to the best of our knowledge.

*Dr. Rejith PP
Programme Officer Unit 17*

*Smt. Silja C
Programme Officer Unit 18*

Principal

PREFACE

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969, in 37 Universities involving 40,000 students with primary focus on the development of personality of students through community service. S.E.S College Sreekandapuram has two NSS units.

Objectives of National Service Scheme

- ✔ Understand the community in which they work.
- ✔ Understand themselves in relation to their community
- ✔ Identify the needs and problems of the community and involve them in problem-solving
- ✔ Develop among themselves a sense of social and civic responsibility
- ✔ Utilise their knowledge in finding practical solutions to individual and community problems
- ✔ Develop competence required for group-living and sharing of responsibilities Gain skills in mobilising community participation
- ✔ Acquire leadership qualities and democratic attitudes
- ✔ Develop capacity to meet emergencies and natural disasters
- ✔ Practice national integration and social harmony

Motto

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings. The welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS Units of S.E.S College

S.E.S. College Sreekandapuram has two Units, Unit No. 17 and 18 under the control and guidance of Kannur University.

PROGRAMME OFFICERS

Dr. Rejith P P

*Assistant Professor,
Department of Physics*

Smt. Silja C

*Assistant Professor
Department of Mathematics*

INSTITUTIONAL ADVISORY COMMITTEE

- Dr. Dominic Thomas (Principal)
- Sri. Rejith P P
- Smt. Silja C
- Smt. Sheela M Joseph
- Smt. Sunitha Joseph
- Sri. Samson Rajan
- Sri. Samuel
- Mr. Akarsh C H (College Union Chairman)
- Mr. Abhijith P P (Student Leader Volunteer)
- Mr. Diljith E P (Student Leader Volunteer)
- Ms. Aswathi M V (Student Leader Volunteer)
- Ms. Neethu Pradeep (Student Leader Volunteer)



Mask challenge

NSS Volunteers actively participated in the mask challenge. Volunteers staying at home as part of the lock-down, prepared the mask and distributed to the staffs of the college and the needy people.



World environmental day

JUNE 05, 2020

World Environmental Day was observed by NSS volunteers on 5th June 2020 by planting saplings in the home environment.

Saplings were also planted on college premises as a part of the observance and it was inaugurated by Dr. Dominic Thomas, Principal, SES college.



As directed by the university, NSS volunteers of SES college became a part of their programme "MAZHAYETHUM MUNNE" in which all the volunteers cleaned their home Environment.



"മഴയ്ക്ക് മുമ്പേ.."

മഴക്കാലപ്പൂർവ്വ ശുചീകരണവുമായി ബന്ധപ്പെട്ട്

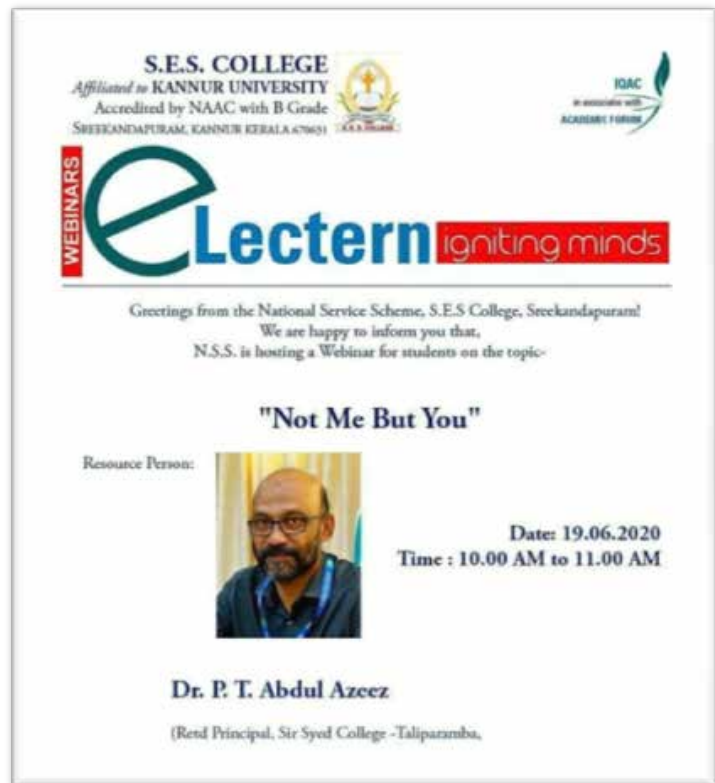


NSS, S.E.S. COLLEGE, KANNUR

Not me but you – NSS webinar

JUNE 19, 2020

A Webinar was conducted by the NSS units on the topic "NOT ME, BUT YOU". The session was handled by Dr. P.T AbdulAzeez (Retd Principal, Sir Syed College, Taliparamba). The Webinar was on 19th June 2020 at 10 AM. The session was very interactive and informative.



Essay writing competition on International Mandela Day

JULY 18, 2020

An essay writing competition was conducted on 18th July for NSS Volunteers on the basis of "INTERNATIONAL MANDELA DAY". The topic given was "DISCRIMINATION".



Independence Day Celebration

AUGUST 15, 2020

Independence Day was celebrated virtually by the NSS units on 15th August 2020.

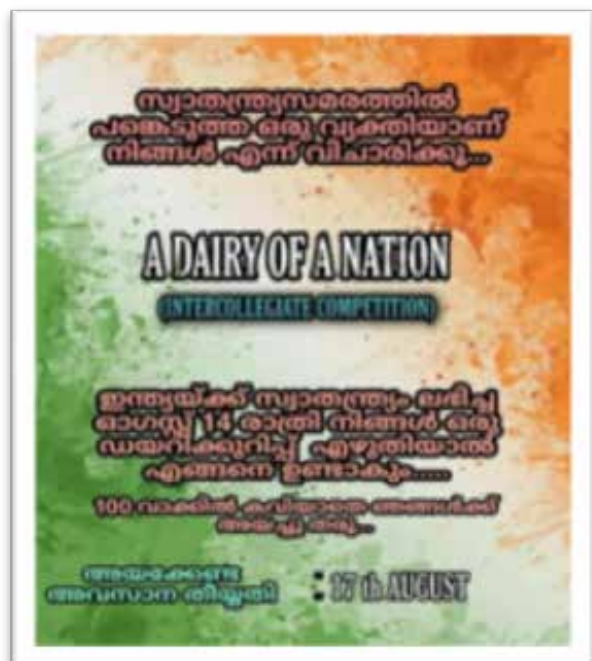
WEBINAR:

A Webinar was conducted on Independence Day for the NSS Volunteers. It was inaugurated by Dr. Dominic Thomas (Principal of S.E.S College) and the Chief Guest was Raghunath K.V (SI of Police, Sreekandapuram). Later cultural programmes were also conducted by the volunteers.

DIARY WRITING COMPETITION: An Intercollegiate diary writing competition



was conducted by the NSS units in connection with INDEPENDENCE DAY.



PHOTOGRAPHY COMPETITION:

Photography competition was conducted for the students of S.E.S college on the topic "FREEDOM". Many students from the college participated in the competition.

QUIZ COMPETITION:

An online quiz competition was conducted for the NSS volunteers in which almost all the volunteers from the college registered their participation

SES COLLEGE SREEKANDAPURAM
NSS UNIT 17, 18

In accordance with
INDEPENDENCE DAY
presents
PHOTOGRAPHY COMPETITION

Topic:
FREEDOM
(Freedom of minds in the stillness of images)

Rules:

- * The contest is only for SES COLLEGE STUDENTS.
- *Winners are NOT decided through LIKES.
- *No edited photos are allowed.

Entries must be sent to:

- 6238875082
- 90481 85264

Last Date 14 August 11 pm

WINNERS WILL BE REWARDED

nss.ses

Farmer's day

AUGUST 17, 2020

In association with Farmer's day on 17th August, an online Quiz competition was conducted for the NSS volunteers.



Onam Celebration

AUGUST 28, 2020

The NSS Units of SES college celebrated their ONAM virtually by conducting various programmes and competitions.

SHORT POEM WRITING COMPETITION

An intercollegiate short poem writing competition was conducted by NSS units as a part of ONAM celebration. The topic was "MAHABALIYUM MAHAMAARIYUM"



LUDO TOURNAMENT

As a part of ONAM celebration, an online Ludo tournament was conducted by the NSS units. Various types of programmes and competitions were also conducted with the help of online platforms.

A THIRUVONA DAY (VIDEO OF ONAM DAY)

A video presentation was made by the NSS volunteers as a part of their ONAM celebration. The theme of the presentation was "ONAM DAY".

SES COLLEGE SREEKANDAPURAM
NSS UNIT 17 & 18

**കരുതിയിരു
ന്നോണം 28**

LUDO TOURNAMENT
(ONLY FOR SES COLLEGE STUDENTS)

**28/08/2020 രാത്രി 9 മണിക്ക് മുന്നേ രജിസ്റ്റർ
ചെയ്യുന്ന ആദ്യ 32 പേർക്ക് മാത്രം അവസരം**

FOR REGISTRATION : +91 6238 875 082

കൂടാതെ 28, 29, 30 തീയതികളിൽ

- സൂചിയിൽ നൂല് കോർക്കൽ**
- ബലൂൺ പൊട്ടിക്കൽ**
- തേങ്ങ ചെരവൽ**

(FOR NSS VOLUNTEERS OF SES COLLEGE)

#stay_home @nss.ses #stay safe

Teacher's Day

SEPTEMBER 5, 2020

On Teacher's day, an essay writing competition was conducted by the NSS units. The topic was "MY TEACHER".

SES COLLEGE SREEKANDAPURAM
NSS UNIT 17 & 18
 സെപ്റ്റംബർ 5 അധ്യാപകദിനത്തിന്റെ ഭാഗമായി,
എന്റെ ടീച്ചർ
 ഈ ചുരുങ്ങിയ കാലം കൊണ്ട് നിങ്ങളെ സ്നേഹിച്ച ഒരു അധ്യാപകൻ/അധ്യാപികയെ കുറിച്ച് **50** വാക്കിൽ കവിയാതെ എഴുതി അയക്കൂ...
 (only for ses nss volunteers)
LAST DATE : 05/09/2020 9PM
 nss.ses

SNEHAVEEDU

SEPTEMBER 2020- MARCH 2021

NSS units of S.E.S college decided to take up an initiative known as "SNEHAVEEDU" project. As a first step towards it, the NSS units along with the support from the staffs, management, Samaratin palliative care society, NCC, student's union and beloved natives helped to complete the project on march which was started on September. The project was at Chelimpambamba, Chemberi.

NOSES
 NSS Outreach Service
 NOSES is the organ of SES College, which serves and meets the needs of the community which it belongs to...
 www.sescollege.ac.in
 NOSES,
 S.E.S. College Extension Committee



S.E.S.COLLEGE
SREEKANDAPURAM
KOTTOOR, KANNUR-670631

NOSES
smell the needs
സമരീറ്റൻ പാലിയേറ്റീവ്
കെയർ സൊല്യൂഷൻസ്

Heartily Welcome

Colouring
THE DREAM
with Love

സ്നേഹ വീട്
ഒരു സ്വപ്നത്തിന്റെ നിറച്ചാർത്തം

എസ്. ഇ. എസ്. കോളേജിന്റെ ആഭിമുഖ്യത്തിൽ,
സമരീറ്റൻ പാലിയേറ്റീവ് കെയർ
സൊല്യൂഷൻസുടെ സഹകരണത്തോടെ,
അനേകം സുരക്ഷിതസ്ഥരുടെ സഹായത്തോടെ,
നിർമ്മിച്ചു നൽകുന്ന സ്നേഹ വീടിന്റെ
താക്കോൽ ദാനം..!

ഏപ്രിൽ
08 വ്യാഴം
2021



Gandhi jayanthi

OCTOBER 02, 2020

Gandhi Jayanti was celebrated by NSS volunteers and a quiz programme was conducted for NSS volunteers.



AWARENESS CLASS

OCTOBER 10, 2020

An online awareness class was conducted by NSS units on the topic Maternal Safety Shield in association with Malabar Cancer Care Society, Kannur

SES COLLEGE SREEKANDAPURAM

 **NSS UNIT 17 & 18** 

കണ്ണൂർ മലബാർ കാൻസർ കെയർ സൊസൈറ്റിയും **SES** കോളേജ് ശ്രീകണ്ഠപുരം **NSS, EXTENSION** കമ്മ്യൂണിറ്റിയും നേതൃത്വത്തിൽ സമഗ്ര സ്തനാർബുദ നിയന്ത്രണ പരിപാടിയുടെ ഭാഗമായി

മാതൃ സുരക്ഷാ കവചം

ഒക്ടോബർ 15ന് ഓൺലൈൻ ബോധവൽക്കരണ ക്ലാസ് സംഘടിപ്പിക്കുന്നു.

നമ്മുടെ അമ്മമാരുടെയും സഹോദരിമാരുടെയും രക്ഷയ്ക്കായി സമഗ്ര സ്തനാർബുദ നിയന്ത്രണ പരിപാടി



പങ്കെടുക്കാൻ താല്പര്യമുള്ളവർ പേര് രജിസ്റ്റർ ചെയ്യേണ്ടതാണ്.

 @nss.ses

Kerala Piravi Day Celebration

NOVEMBER 01, 2020

The NSS units of S.E.S College celebrated Kerala Piravi day. N.S.S. Volunteers conducted a speech competition on 01-11-2020 on the topic "Keralam, Kuthippinte Naalvazhikal" and a traditional photo contest titled

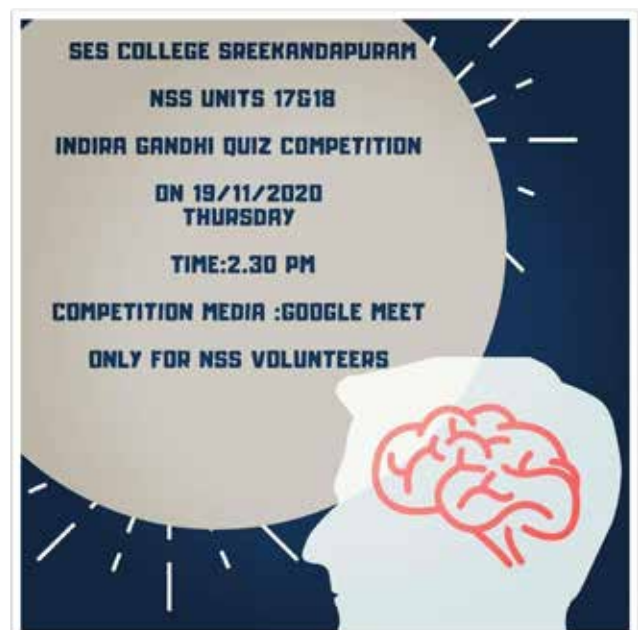


"Malayalathanima". Many students of the college participated in it.

Indira Gandhi quiz competition

NOVEMBER 19, 2020

In connection with Indira Gandhi's birth anniversary, the NSS units of S.E.S college conducted an online quiz competition for NSS volunteers .

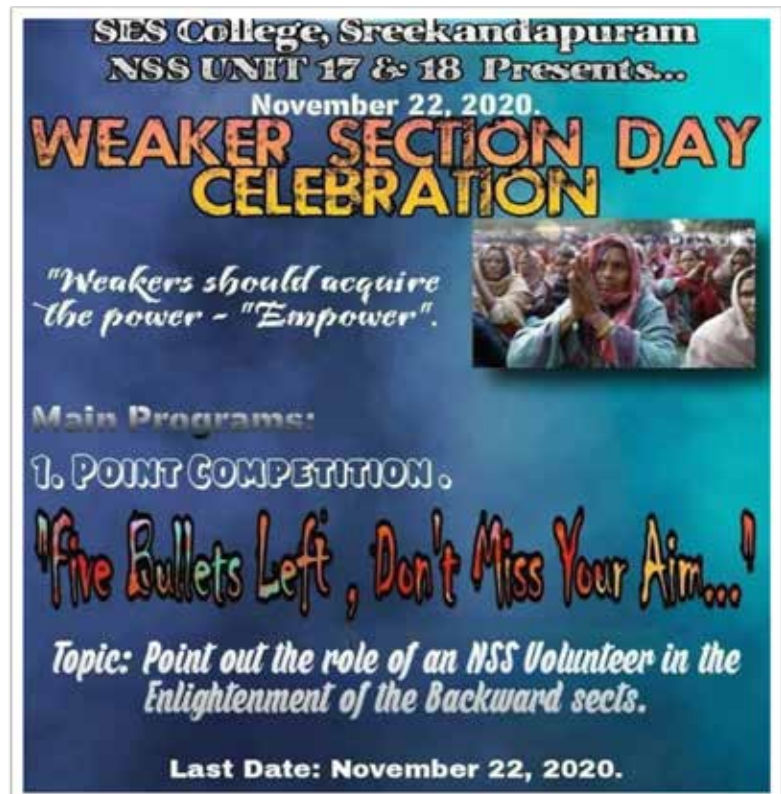


Weaker Section Day

NOVEMBER 21, 2020

In connection with Weaker Section Day, the NSS units of S.E.S college conducted an online power point presentation competition on the topic "point out the role of an NSS volunteer in the enlightenment of the backward sections.

Debate and caption competitions were conducted as spot events.



Garden Making At Sreekandapuram Police Station

NOVEMBER 27, 2020

On 27th November, the NSS volunteers of S.E.S college ensured their participation in making a garden at Police Station, Sreekandapuram. Raghunath K.V (SI OF POLICE, SREEKANDAPURAM), Dr. Rejith P.P (NSS PROGRAMME OFFICER, S.E.S COLLEGE) lead the work. It was really a good experience for our volunteers.

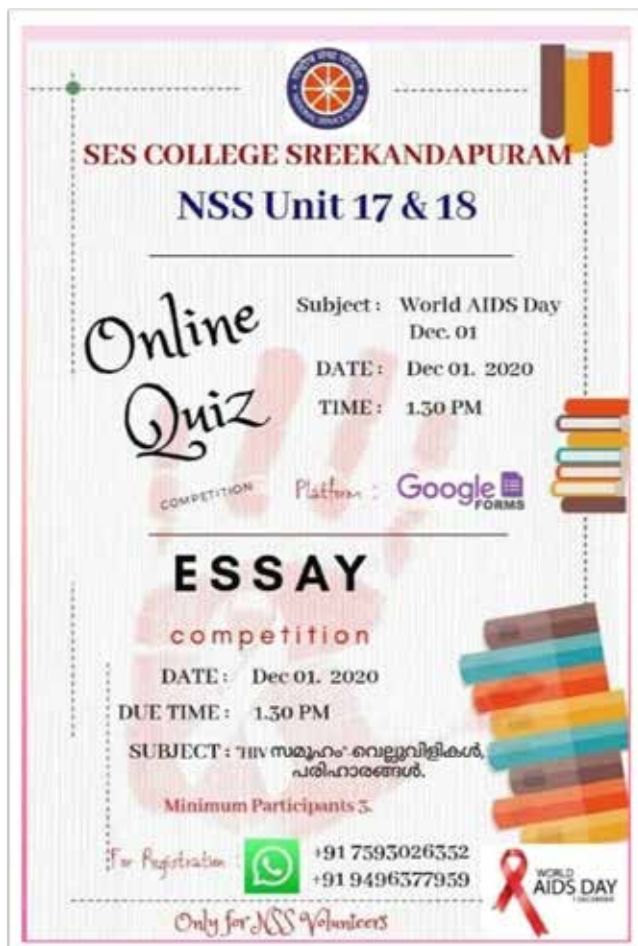
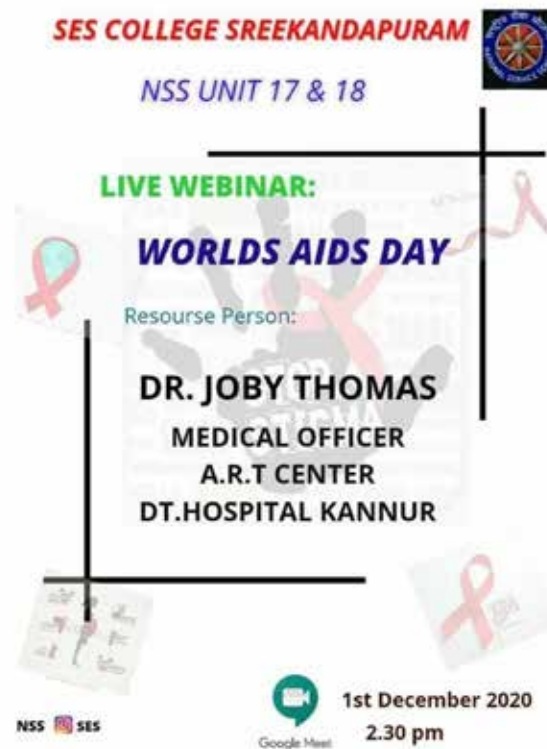


World aids day

DECEMBER 01, 2020

WEBINAR

A webinar was conducted by NSS units of S.E.S in connection with World Aids Day. The session was handled by Dr. Joby Thomas (Medical Officer, A.R.T centre, DT. Hospital Kannur). The session started at 2.30 pm. The session was very interactive and informative.



ESSAY WRITING COMPETITION

An essay writing competition was conducted by the NSS units in connection with World Aids Day for NSS volunteers. The topic given was "HIV- SOCIETY, CHALLENGES,SOLUTIONS".

ORIENTATION CLASS FOR 1ST YEAR NSS VOLUNTEERS

JANUARY 13, 2021

An orientation class was conducted for 1st year NSS volunteers as a welcome boost to them. The session was handled by Mr. Shaji K (State DHSE NSS Award Winner for Best NSS Programme Officer – 2020). The session was very informative and interactive.

S.E.S COLLEGE SREEKANDAPURAM
NSS UNIT 17&18

ORIENTATION PROGRAM

For First Year NSS Volunteers



SHAJI K
(State DHSE NSS Award Winner for Best Programme Officer -2020)

 13-01-2021
Wednesday @8 pm

WORLD YOUTH DAY

JANUARY 24, 2021

THE NSS units of S.E.S college observed national youth day by organising an online quiz programme. The topic was "Swami Vivekananda". All NSS volunteers ensured their participation.

S E S COLLEGE SREEKANDAPURAM



NSS
Unit 17,18



NATIONAL
YOUTH DAY

Quiz Competition on 24th January , 7 PM
Topic : Swami Vivekananda

Programme will be conducted on Google Forms

REPUBLIC DAY

JANUARY 26, 2021

A diary writing competition was conducted by the NSS units for the NSS volunteers on Republic Day.

SES COLLEGE SREEKANDAPURAM

NSS UNIT 17 & 18

**ONE DAY IN
REPUBLIC**

Program: **DIARY
COMPETITION**

Last date: 27th Jan 2021

Time: 10.00AM

72
REPUBLIC DAY

 **+91 7909108369**





INTERNATIONAL WOMEN'S DAY

MARCH 08, 2021

A webinar was conducted by the NSS units of S.E.S college on International Women's day. The session was handled by Ms. Divya G.S (Research Scholar, TATA Institute of Social Science, Mumbai). The session was titled "Menstrual Cups; Tips for Beginner's".

The poster features the college logo at the top center, flanked by NOSES and another institutional logo. The text is in Malayalam and English. A dark green banner contains the date and event name. The session title is in a dark blue box. The presenter's name and affiliation are listed at the bottom.

SES COLLEGE SREEKANDAPURAM

NSS യൂണിറ്റുകളും EXTENSION കമ്മിറ്റിയുടെയും നേതൃത്വത്തിൽ കോളേജ് വിദ്യാർത്ഥിനികൾക്കും അമ്മമാർക്കുമായി വെബിനാർ സംഘടിപ്പിക്കുന്നു

08-03-2021 (INTERNATIONAL WOMEN'S DAY)
തിങ്കളാഴ്ച രാത്രി 7 മണിക്ക്

Menstrual cup; Tips for Beginner's

Session By : **Divya GS**
(Research Scholar,
Tata Institute of Social Science, Mumbai)

ELECTION DUTY

APRIL 04, 2021

During the Kerala Legislative Assembly Elections on 6th April 142 NSS volunteers from S.E.S college ensured their voluntary works on helping the old aged and physically challenged people to cast their vote on the election day.



Collector Kannur

1h • 🌐

NSS വളണ്ടിയർമാർ മുതിർന്ന വോട്ടർമാരെ സഹായിക്കുന്ന ദൃശ്യങ്ങൾ





S.E.S COLLEGE SREEKANDAPURAM